



Per Emergency Order MCL 333.2252, as of November 18th, 2020, Conquest Fitness shall remain open with limited capabilities until Dec 8th, 2020. To access a comprehensive list of our guidelines, please visit our website at www.conquest-fitness.com and click on our preparedness and response plan.

The following are guidelines in which we are ordered to operate under this new Emergency Order:

- Facial coverings are required by all individuals entering our facilities and each individual must maintain proper facial covering throughout the entirety of their visit.
- Limits to the number of people inside our facility is set to a maximum occupancy of 25% which is established by our local Fire Marshall.
- Gatherings are prohibited while inside our facility and social distancing requirements are enforceable in every part of the gym.
- No Group Fitness is allowed during this time.

Please follow these and all other safety guidelines put in place to keep yourself and every one of our visitors as safe as possible. Thank you for your cooperation and understanding.

